

# BIJOUQ

## Ring Size Guide

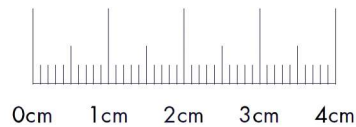
Print in actual size to see the real dimension to the rings.

Please contact our customer service for more information, we would love to assist you.

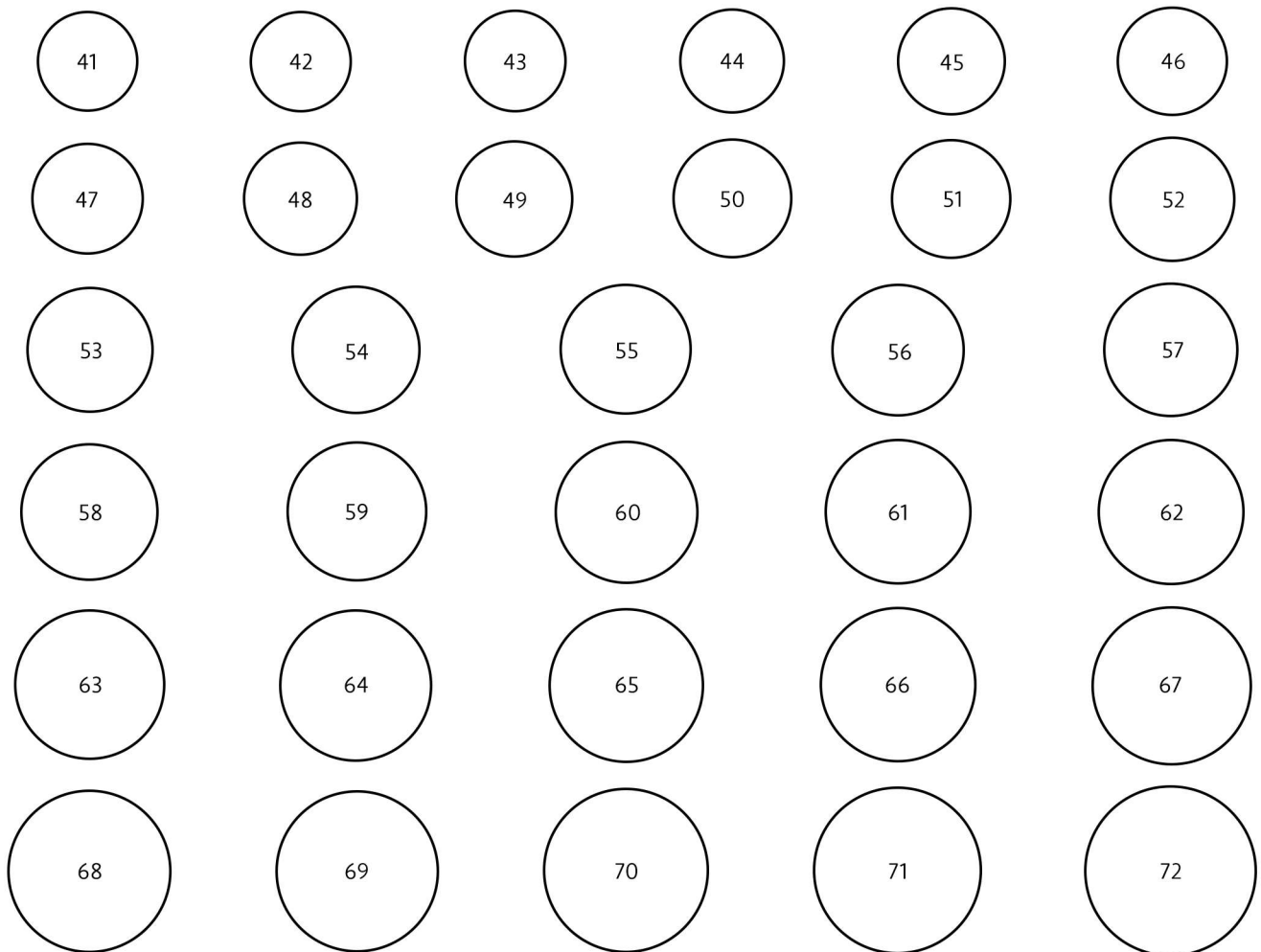
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# Measuring an Existing Ring

Before measuring your ring size, make sure you have printed this guide on a full A4 size page and scaled to 100%. To check that the Ring Size Chart has been printed properly, use a ruler to ensure the printed sample below is exactly 4 cm.



To find your ring size, use an existing ring that fits you well. Match the inside of that ring with one of the circles below. If your ideal fit falls between two sizes, we recommend you choosing the larger size.



# International Size Chart

Measure (mm)	European ring size*	UK & USA ring size	Japanese ring size
13.06	41	1 3/4	1
13.38	42	2 1/4	2
13.69	43	2 1/2	3
14.01	44	3	4
14.33	45	3 1/4	5
14.65	46	3 3/4	6
14.97	47	4	7
15.29	48	4 1/2	8
15.61	49	4 3/4	9
15.92	50	5 1/4	10
16.24	51	5 3/4	11
16.56	52	6	12
16.88	53	6 1/4	13
17.20	54	6 3/4	14
17.52	55	7 1/4	15
17.83	56	7 1/2	16
18.15	57	8	17
18.47	58	8 1/4	18
18.79	59	8 3/4	19
19.11	60	9	20
19.43	61	9 1/2	21
19.75	62	10	22
20.06	63	10 1/4	23
20.38	64	10 3/4	24
20.70	65	11	25
21.02	66	11 1/2	26
21.34	67	11 3/4	27
21.66	68	12 1/4	28
21.97	69	12 1/2	29
22.29	70	13	30
22.61	71	13 1/4	31
22.93	72	13 3/4	32

\* Corresponds to finger circumference (mm)

## Useful Tips

There are a few environmental and physical factors that should be taken into consideration before deciding on the best way to guessing your ring size, guess on the large side as it's easier to size a ring down.

## Time of Day

An ideal time to measure your ring size is in the evening. Most people's fingers tend to be at their largest in the evening and smaller in the morning. Measuring your ring size in the evening will guarantee a comfortable fit.

## Optimal Temperature

Fingers tend to react to temperatures, and can change size depending on the weather. The cold winter air will shrink fingers while the opposite happens in summer or when it's warm and humid. Avoid measuring finger size outside in the very cold or very hot.

## Fingers Expand and Contract

Other factors can cause fingers to grow such as exercising, water retention, pregnancy, ageing, and arthritis. Weight loss and low temperatures can cause fingers to decrease in size.

## Thicker Bands

Thicker ring bands (larger than 6mm) will fit tighter. It is advised to always go for half a size up when purchasing a thicker band, for the ring to be comfortable.